

Children's Case Management Services 101

Julie Brennan

Director of Case Management, LMSW

**PineTree
Society**

DISCOVERING
ABILITIES TOGETHER

(207) 443-3341

www.pinetreesociety.org

What will you learn in this workshop?

- What can case management do for your child and your family?
- Ways case management has helped other families
- How to find a case manager
- Discover if your child would be eligible for the service
- Are there other services available for your child?
- The presentation will end with a question and answer period

**PineTree
Society**

DISCOVERING
ABILITIES TOGETHER

Case Management Services Overview



- Case Management services are designed to identify the needs of the child and the family as well as identify and connect to resources to meet those needs.

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

What can your case manager do for you?

- Provide resources
- Attend IEP's and advocate for the child
- Support and provide guidance through transitions
- Support Medical needs
- Connect and apply for services for your child
- Submit the referral for adult services eligibility

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Service Delivery- What to expect from your case manager



- The case manager will consult and build a team that includes you and your child, along with other professionals in your child and family's life.

**Pine Tree
Society**
DISCOVERING
ABILITIES TOGETHER

Service Delivery- What to expect from your case manager

- The case manager will:
 - Visit at least each month
 - Submit plans of care every 90 days
 - Connect the child and family to funding and resources
 - Provide support at school through advocacy
 - Provide support through life transitions
 - Provide support with medical needs & equipment resources

**Pine Tree
Society**
DISCOVERING
ABILITIES TOGETHER

Connect to resources, funding and apply for services



- Case Manager has knowledge of community resources and will research options to meet funding needs.
- Case Manager will submit referrals for services and monitor those services.

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Attend IEP's and advocate for your child

- Attend meetings
- Observe your child in the classroom
- Advocate for your child
- Provide resources for help meeting your child's needs in school

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Support Through Transitions

- Transitions include school, grades, milestones, and new schools.
 - The case manager will assist with planning and preparing the child and family for the upcoming transition.
- Transition to adult services
 - The case manager will complete the referral packet to be submitted to the Office of Aging and Disability Services (OADS) intake worker.
 - Guide the child and family through the OADS process, provide support during the intake meeting with the OADS intake worker, provide resources, discuss and explore the services available under the adult services (waiver programs). Some case managers will apply for the adult programs prior to the transfer to an adult case manager.



Support with Medical Needs

- Connect the child and family to providers for medical equipment
- The case manager will assist in understanding insurance coverage
- The case manager will help explore grants, foundation and other funding options for items and services that are not covered by insurance or MaineCare.



Examples



Service Delivery: How the service is approved and continued

- Case Management services are managed by an authorizing agent. Kepro (previously APS Healthcare) currently has the contract for the State of Maine.
- They authorize the case management service based on need.
- They want to see what the case manager is doing to help the child and family.
- They also want to see that the case manager is working with the family to teach the family to be independent.
- The case manager will create a new service plan every 90 days. They submit the plan for review by Kepro to receive the authorization for the service. The case manager will provide you with a copy of the service plan and will need the guardian's signature for the service to continue.



Finding a Case Manager

- There is a list of case management providers on the Office of Child and Family Service website. The list has case management as well as other service providers broken up by counties. The link is below.
 - <http://www.maine.gov/dhhs/ocfs/cbhs/provider-list/home.html>



Service Delivery: How the service is approved and continued

- Kepro sometimes will encourage closure of the service or they will deny the service.
- If this happens the case manager will notify the family.
- If the service is closed it does not mean that the child is no longer eligible for case management. It means that there is no active plan for the service.
- If a new need arises in the future for the child and their family, they can contact their case manager and have the case reopened.



Will my child be eligible for Case Management?

- There are 3 requirements for case management services
 - The age of your child age
 - MaineCare
 - Diagnosis: certain diagnoses are approved for the service



Age & MaineCare

Age

- Birth to 20th Birthday
- If your child is 18 to 20 years old and found eligible for adult services, they are able to choose either a child or adult case manager.

MaineCare

- To receive case management services the child should have MaineCare. Private pay can be arranged but it is fairly expensive and the child would not be eligible for other services.
- There are two types of MaineCare,
 - The regular MaineCare
 - Katie Becket, this option is for families who do not meet the financial threshold for regular MaineCare but have a child with special needs



What diagnosis are needed for eligibility

There are three different specialties in Children's Case Management and each one has different eligibility requirements.

- Case Management for Children with developmental disabilities
- Case Management for Children with behavioral health disorders
- Case Management for Children with a Chronic Medical Condition



Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Children with Behavioral Health Disorders

- Diagnostic Criteria
 - A mental health diagnosis is required
 - A diagnosis of a learning disabilities in reading, math, written expression, motor skills disorder and learning disabilities not otherwise specified, along with communication disorders are *not* qualifying diagnosis for case management services
 - A child under 5 may be eligible if the child is determined to be at risk of developing a mental health disorder due to known environmental or biological risks and has a significant impairment or limitation in adaptive functioning

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Children with a Developmental Disability

- Diagnostic Criteria
 - Have a developmental disability
 - Or have a diagnosis of Pervasive Developmental Disorder
 - A child under 5 maybe eligible if the child is determined by a professional as being at risk of developing a Pervasive Developmental Disorder due to known risks and have a impairment or limitation in adaptive behavior or functioning.



**Pine Tree
Society**
DISCOVERING
ABILITIES TOGETHER

Children with Chronic Medical Conditions

- Diagnostic Criteria
 - Have a diagnosis of an autoimmune disease, diabetes, respiratory disorder, neurological disorder, brain injury or other chronic condition and a significant impairment or limitation in adaptive functioning
 - Have a diagnosis of a physical condition or the presence of a documented history of prenatal, perinatal, neonatal or early physical developmental events or conditions suggestive of damage to the central nervous system or of later atypical physical development such as cerebral palsy, meningitis, heart defects or bronchiopulmonary dysplasia which without intervention will result in physical developmental delay and a significant impairment or limitation in adaptive functioning.

**Pine Tree
Society**
DISCOVERING
ABILITIES TOGETHER

What services are available? Is my child eligible for the service?



■ Services available in Maine

- Section 28
- Section 65
- ITRT
- Respite Care Services
- Individual Planning Funds

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Section 28: Rehabilitative and Community Support Services for children with cognitive impairments and functional limitations (RCS)

- Goal: to increase a child's level of functioning, skill development and to decrease behaviors at home and in the community
- Has two types of services: Regular and Specialized (includes a BCBA)
- Eligibility:
 - Must be under 21 years of age, have a behavioral health diagnosis, and have a functional assessment administered within one year prior to referral.
 - Children whose age ranges from birth to age 5, and
 - have a diagnosis from a Doctor or Psychiatrist of a specific congenital or acquired condition and a written assessment by a physician stating that the child will meet the functional impairment criteria.

Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER

Section 28: Services

- These services are designed to retain or improve abilities. They focus on behavior modification and management, social development and acquisition and retention of developmentally appropriate skills.
- Specialized Services
 - Utilize behavioral interventions designed to improve socially significant behaviors and developmentally appropriate skills.
 - These services are overseen by a Licensed psychologist or Board Certified Behavior Analyst



Section 65: Behavioral Health Services

- Section 65 Covers a variety of services. Today, we will explore two of these services. These services had been called Home and Community Treatment referred to as HCT services.
- Eligibility: MaineCare, each service has its own diagnostic criteria
- Services:
 - Children's Outpatient Treatment
 - Children's Home and Community Based Treatment



Section 65: Children's Outpatient Treatment

- Services:
 - This treatment includes counseling and therapeutic services geared to address symptoms, relieve excess stress and promote positive orientation and growth.
 - Services include a comprehensive assessment, diagnosis, individual, family and group therapy. They focus on the developmental and emotional needs and problems.
- Eligibility
 - Diagnosis of serious emotional disturbance
 - Evidence treatment is necessary to help with a mental health condition, this documentation must include prior treatment, and clinical justification
 - The child must participate in treatment and must exhibit progress toward goals.



Section 65: Children's Home and Community Based Treatment (HCB)

- Goals are to improve in areas of daily living, community inclusion, interpersonal skills, support community inclusion and allow the child to remain in their natural environment.
 - This treatment includes individual and/or family therapy or counseling; designed to assist in understanding behavior, improve communication, facilitate collaboration and develop a plan to improve their functioning in the home and community.
 - Services include therapy, problem-solving activities, opportunities to learn social skills, building relationships, learning to improve self-awareness, environmental awareness, and social appropriateness.
- Eligibility
 - Have a Mental Health Diagnosis, and
 - Have significant functional impairment, and
 - Have a serious emotional disturbance for one year or likely to last more than 1 year, and
 - Need treatment that is more intensive and frequent



Section 97: Intensive Temporary Residential (ITRT) Treatment Services

- Intensive Temporary Residential Treatment Services (ITRT) are residential services for children with mental retardation, autism, severe mental illness, and/or emotional disorders, who require twenty-four (24) hour supervision. The goal of ITRT is to have the placement as close to the child's home as possible. Families must remain as actively involved in their child's care and treatment as possible. The purposes of ITRT are to provide all services to both treat the mental illness/disorder and to return the child to his/her family, home and community as soon as possible.
- ITRT is a supportive supervised living environment with active behavioral treatment. This environment is integral to supporting the learning experiences necessary for the development of adaptive and functional behavior to allow the child to live outside of an inpatient setting.



Section 97: Intensive Temporary Residential (ITRT) Treatment Services Eligibility

- An Axis I or II diagnosis
- A disorder that has lasted for at least six (6) months or is expected to last for at least one (1) year in the future, and
- A current need for therapeutic treatment or availability of a therapeutic on-site staff response on a twenty-four hour basis, and
- A disorder that is amenable to treatment in a residential setting, and
- even with intensive community intervention, including services and supports, there is significant potential that the child will be hospitalized, or
- there is a clear indication that the child's condition would significantly deteriorate and would require a higher model of service than can be provided in the home and community.
- They must also meet the criteria for level I or level II services.



Respite Care

- Respite care is designed to assist families by enabling a much needed break in the responsibility for caring for a child with significant developmental delays, and behavioral or emotional disorders.
- Eligible families may receive 24 hours a month up to 288 hours a year.
- To Qualify: children birth and up to age 18 with a behavioral, mental, or developmental diagnosis may qualify.



Individual Planning Funds

- Individual Planning Fund is designed to provide flexible, short-term and time limited support to fill gaps in services that cannot be addressed through any other funding source. It may be used to cover the cost of a onetime purchase or help the child/youth transition to a more stable service or funding source.



Questions?

If you have any other questions please feel free to contact Julie Brennan, 386-5952



Pine Tree
Society

DISCOVERING
ABILITIES TOGETHER