



## The Hub

### Pine Tree Society's Community-Based Program Lewiston/Auburn

**Pine Tree Society has designed a new kind of community support program.** One that empowers adults with disabilities to move from being *in the community to of the community*. The typical community support program offers activities in the community on a daily basis. The Hub is 100% community-based and 100% designed by participants. Participants do not meet at a center. The community is their center. The community is their hub. Participants experience a full immersion in their own community, developing connections and natural supports to support independence.



**Center-based community support programs** are the right choice for many people. But others could benefit from something a little different. The Hub is a little different – offering immersion in the community and dynamic activities

without the confines of traditional program hours.

**The Hub is designed for adults with intellectual disabilities** who want to be active and of the community. Programming is based on the individual's goals and interests. They take the lead. They will work together to design activities and in the process will learn how to be part of a team. They will build connections with each other – and connections in the community. And in the process, participants will develop natural supports within the community leading to increased self-esteem and self-confidence while maximizing independence.

**We realize that so much goes on in our community** outside of the hours of 9 a.m. to 2 p.m. Traditional community support programs are not able to support participants in experiencing things that take place outside of “program hours” – activities like catching an evening movie, taking a sunrise hike or going to the local coffee shop to socialize and listen to live music. So much goes on in our communities after the close of the traditional day program day.

The Hub  
**100%**  
community-based  
and designed by  
participants.

**The Hub offers flexibility** in programming in terms of time so that participants are able to experience aspects of the community that before have been unavailable.

To learn more, please contact Shelley Zielinski at 386-5927  
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Visit [www.pinetreesociety.org](http://www.pinetreesociety.org) to learn about Pine Tree Society's full  
range of community support programs.